

Camp Elim

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ADVENTURE TOWER and SWING BY CHOICE



Once the programme commences, no one is able to join in, as a safety instruction and demonstration is given by trained Camp Elim staff. A minimum of 20 participants or \$280 is required and participants will have a 2 hour session for the \$14 per person charge.

The *ADVENTURE TOWER* incorporates rock climbing (3 degrees of difficulty – beginners, medium, difficult) and other climbing elements and is a great tool for teaching confidence building, team work, trust and caring for one another.

All participants are in a harness with belay (meaning that you are attached to someone on the ground who looks after you). You only go to the level you want to, but may want to try again.

All participants are in a harness when using *SWING BY CHOICE*, which is attached by cables. Your team members start pulling you towards the tower. You are in control. You have the release cord, so you may only want to go 2 metres or you may want to go to the top 10 metres, which will give you a 1.5 metre free fall.

